

# **Sunday ~ March 26, 2023**

#### **MASS INTENTIONS**

Saturday, March 25 ~ Vigil/5<sup>th</sup> Sunday of Lent 5:30 PM Peggy Kennedy

Sunday, March 26 ~ 5<sup>th</sup> Sunday of Lent 9:30 AM Janet Murphy

Monday, March 27 9:00 AM

Wednesday, March 29

**9:00 AM** The People of the Parish

Friday, March 31 9:00 AM

Saturday, April 1 ~ Vigil/Palm Sunday

5:30 PM Peggy Kennedy, Stiano Family

Sunday, April 2 ~ Palm Sunday 9:30 AM Janet Murphy

#### **MINISTERS OF THE WORD**

Saturday, April 1 ~ Vigil/Palm Sunday

5:30 PM Lector: Joe Herschel, Narrator: Ted Wall

Sunday, April 2 ~ Palm Sunday

9:30 AM

Lector: Frank Schmaus, Narrator: Beth Texter

#### **EUCHARISTIC MINISTERS**

Saturday, April 1 ~ Vigil/Palm Sunday

5:30 PM Kim Grzybek (a), Kathy Fayol (c)

Sunday, April 2 ~ Palm Sunday

9:30 AM Sue Schmaus (a), Ann Clouse (c)

## **PRAY FOR THOSE WHO SERVE**

Alexandria Baker-Bonitz (Navy) Dylan Bonitz (Navy)
Sarah Bowen (Navy) Juan Gonzalez (Navy)
Kaila McGowan (Marines) Anthony Pagano (Navy)
Joseph Ruize (Navy) Carissa Tironi (Army)
Elliott Weidel (Marines)

## PRAY FOR THOSE IN NURSING HOMES

Gina Lempka, Rosemary Osborn, Regina Parthesius, Robert Wise

#### **PRAY FOR THOSE WHO ARE ILL**

Marion Andersen, Pat Arlotta, Bridget Auer, Joanne Bach, Rob Brosnan, Sr. Margaret Ellen Burke, Barbara Ceriale, Brad Ceriale, Brian Cross, Nicole Dawson, Marie DiMare, Maria Elena DiMare, Tina DiMare, Mary Donnelly, Agnes Ferrone, Anna Gallo, Joe Gallo, Margaret Hale, Brandon Hriniak, Mike Hurd, Jon Miller, Julie Oparski, Marianna Oparski, Helen Ryan, Frances Salewski, Chris Strobl, Terry Waterson

## **LOOKING AHEAD**

#### **Helping Hands Food Pantry**

Every 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> Saturday by Appointment (9 AM start)

#### **Tuesday, March 28**

Religious Education Classes ~ 6:30-7:30 PM Reconciliation for Levels 4-7 & Parents

#### Friday, March 31

Tenebrae Service ~ 7:00 PM

## Saturday, April 1

Food Pantry by Appointment ~ 9:00 AM Start

#### **HOLY WEEK**

**April 1 ~ Palm Sunday Vigil** ~ 5:30 PM Mass

**April 2** ~ **Palm Sunday** ~ 9:30 AM Mass

## Tuesday, April 4

**NO** Religious Education Classes

# Thursday, April 6 ~ Holy Thursday

Mass of the Lord's Supper & Washing of Feet  $\sim$  7:00 PM

## Friday, April 7 ~ Good Friday

Stations of the Cross ~ 3:00 PM Veneration of the Cross & Communion ~ 7 PM

> Saturday, April 8 ~ Holy Saturday Easter Vigil ~ 8:30 PM





## FRANK J. LABUDA

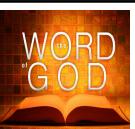
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# **Today's Scripture** 5<sup>th</sup> Sunday in Lent

Ezekiel 37:12-14 Romans 8:8-11 John 11:1-45

## **About Prayer: Types of Prayer**

Whether we follow prayers that have been written down, or we seek to pray from the heart, there are certain types that we can follow. When considering how we might speak to God in prayer, you can follow the formula: **ACTS.** 

**Adoration**: Giving praise to God for his love and the wonders he has done for us.

**Contrition**: With a penitent heart, asking God to forgive our sins and failings.

**Thanksgiving**: Giving thanks to God for all the gifts and blessings we have received.

**Supplication**: Making petition to God in humility and trust for our needs and what others may need.

Remember that prayer is really a conversation with God! Not only do we say things to God, we must also listen to what God says to us. It is wise to be attentive to the way God speaks through:

**Nature**: God's love is revealed in the beauty and marvels of nature.

**Art**: God can speak to us through art, music, and literature.

**Life**: God speaks to us in the events and experiences of human interaction.

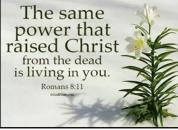
**Sacred Scripture**: The Word of God teaches, comforts and challenges us every day.

**Interior Silence**: God encounters us in the stillness of our hearts with wordless love.

Ultimately, it begins with a disposition on our part to open the conversation and so open our mind and heart to God. We start by seeking to come closer to God and to what God is telling us. It begins with a decision to pray.

... and those who are in the flesh cannot please God. But you are not in the flesh; on the contrary, you are in the spirit, if only the Spirit of God dwells in you. Whoever does not have the Spirit of Christ does not belong to him. But if Christ is in you, although the body is dead because of sin, the spirit is alive because of righteousness. If the Spirit of the

one who raised Jesus from the dead dwells in you, the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit that dwells in you. Romans 8:8-11



## **Mass Attendance/Collection**

# at Mass on March 18 & 19: 129 Weekend's Collection: \$1,837.00

Our Lady of Mt. Carmel Women's Retreat

## A Woman's Encounter With Jesus: Healing & Freedom

Inspiring Presentation by Sr, Terry Rickard, OP

Prayer + Reflection + Discussion + Meditative Rosary

\$10 per person Saturday, April 1

at Our Lady of Mt. Carmel Parish Center Sign In: 8:30 AM † Program: 9:00 AM to Noon

Make checks payable to STB Columbiettes #16519. We must receive them no later than Monday, March 27.

Mail to: Mary Bell, OLMC, 90 Euclid Ave., Middletown NY 10940



## Visio Divina

This week's subject for the Visio Divina display is a depiction of the resurrection of Lazarus by a Russian painter.

Visio Divina — "sacred seeing" — is an ancient form of Christian prayer in which we allow our hearts and imagina-

tions to enter into a sacred image, in silence, to see what God might have to say to us.

The art changes weekly to correspond with Scripture from ther weekend's Masses. Pamphlets with an indepth description of Visio Divina are available by the display.