

# 2019 Lenten Season

## Our Lady of the Assumption Church

Bloomington, New York

During the Season of Lent, the Church urges all the Faithful to reflect a spirit in penance in their daily life through performing acts of fasting and abstinence.

"FASTING" requires that only one full meal be taken per day. Two other smaller meals may be taken during the day to maintain physical strength, but these two meals together should not equal a full meal in quantity. Fasting obliges all those who have reached the age of 18 and continues to oblige until age 59. Those not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

ABSTINENCE prohibits individuals from eating meat on a particular day. Abstinence obliges all those who have reached the age of 14 and continues to oblige throughout their entire life. Those not specifically obliged to abstain from eating meat are encouraged to join in this discipline to the extent they are able.

**Ash Wednesday and Good Friday are days of fast and abstinence.**

**Fridays in Lent are days of abstinence.**

# Lent



## Masses & Activities

### Ash Wednesday, March 6

Ash Wednesday marks the beginning of the Season of Lent.

This is not a Holy Day of Obligation but a day of **fasting and abstinence** from meat. (*see above*)

**Ashes will be distributed at the 9:00 am and 7:00 pm Masses.**

*Both Masses will take place in the Church*

### Book Discussion: "Perfectly Yourself" - Thursdays at 7:00 pm

March 7 ~ March 14 ~ March 21 ~ March 28 ~ April 4

Led by Fr. Anthony, O.Carm, and Gary Texter TOC, Pastoral Assistant

*Perfectly Yourself: Discovering God's Dream For You* by Matthew Kelly

### Stations of the Cross - Certain Fridays at 7:00 pm

March 8 ~ March 15 ~ March 22 ~ March 29

### "Whom Shall I Send" - Sunday, March 10 at 4 pm

Musical Production by The Xavier Company

*A Spiritual Journey of Faith, Love & Friendship*

Followed by a Pasta Supper in the Parish Center



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## *Tenebrae - Friday, April 5*

7:00 pm – Psalms, Scripture, Reflection & Song led by Bette Bonitz, Choir & Lectors

## *Joint Penance Service - Friday, April 12*

7:00 pm at Our Lady of the Assumption Church  
Joined by St. Paul's & OLMC for Reconciliation

## *Palm Sunday of the Passion of our Lord*

Vigil Mass – Saturday, April 14 at 5:30 pm  
Sunday Mass – April 15 at 9:30 am



## *Lenten Reconciliation Monday - Monday, April 15*

Reconciliation will be available at Our Lady of Mount Carmel Church in Middletown from 4:00 to 8:00 pm, and at St. Paul's Church in Bullville from 4:00 to 8:00 pm.  
(There will be no Reconciliation held on this date at Our Lady of the Assumption.)

## *Holy Thursday, April 18*

### **Mass of the Lord's Supper at 7:00 pm**

The Blessed Sacrament will be transferred to "The Garden", located in the parish center lower level, immediately following Mass, where it will remain available for Adoration through 12:00 Midnight, then from 9:00 am to Noon on Good Friday morning.

## *Good Friday, April 19*

- **Adoration of the Blessed Sacrament** in "The Garden" - 9:00 am to 12 Noon
- **Stations of the Cross** at 3:00 pm
- **Veneration of the Cross & The Lord's Passion with Communion** at 7:00 pm

## *Easter Vigil*

Saturday, April 20 at 9:00 pm

## *Easter Morning*

Sunday, April 21 - Mass at 9:30 am

